



## WELCOME TO BEMORA ESCAPE

A place where we welcome you to lay down in the arms of total relaxation. It is a place to unwind and recharge, leaving all of life's troubles at the door.

From superior aromatherapy facials and deeply therapeutic rituals to a medley of Bemora and Alqvimia products, our therapists use their expertise to bring the power of Mother Nature to your treatment experience.

Our holistic approach ensures we understand that everyone's needs are unique, join us and create your perfect escape.

Treatment times quoted include time for consultation and relaxation either side of your service. Please allow at least 48hrs notice for cancellations to allow our therapists to rebook their time.

# MY FACIAL ESCAPE

## INDULGENT ESCAPE

120 mins £110

This heavenly treatment encompasses massage to the back, head, hands and feet. A facial and gold eye treatment targets pro-ageing, moisturising and nourishing the skin opening the door to ageless beauty. The finale of the treatment is a Moxa, an ancient alchemical ritual aimed at re energising the lower body with warmth, well being and confidence.

## ESSENTIAL ESCAPE

75 mins £65









A traditional, effective, gorgeous facial for instantly clear, happy and healthy skin and a lovely hour of relaxation. This can be tailored to your skin type whether it feels dry, oily or sensitive or you have concerns about ageing.

## ESCAPE & GLOW

50 mins £45

A lovely brightening energetic facial with instant results for regular skin maintenance or perfect for a glowing skin when you have a special occasion and wish to look your best.

Any of the following extra services can be added to enhance your escape experience:

-  Back Massage
-  Eye Treatment
-  Head Massage
-  Hand & Nail Treatment
-  Leg Massage
-  Luxury Foot Massage
-  Light Makeup
-  Moxa  
*An ancient warming ritual aimed at increasing the flow of energy throughout the body, improving health and wellness.*

£15 each



# MY BODY ESCAPE

## QUEEN OF EGYPT BODY TREATMENT

100 mins £90

A ritual of beauty and health for the face and back using dead sea salt and anti ageing oils of Frankincense and Myrrh which balance and rejuvenate leaving you feeling like Queen Cleopatra herself.

## ANTI-STRESS BACK TREATMENT

75 mins £65

This treatment includes a Dead Sea Salt and Mud Wrap with a deep back and leg massage to truly banish emotional and physical tension.

Enhance with added hot stone massage £75

## BREATH OF LIFE

75 mins £60

Breathe new life into your airways. Using a powerful blend of pure Essential Oils and Dead Sea Mineral Mud, this back and face treatment will oxygenate, detoxify and cleanse - great for stuffy sinuses or congested lungs. Includes a soothing leg massage.

## BACK MASSAGE

45 mins £30

A relaxing and therapeutic back and shoulder massage using our powerful Alqvimia blended oils.

## HOT STONE MASSAGE

60 mins £60

A deep, warming massage to the back, back of the legs and shoulders using smooth, flat, heated stones.

## REIKI

60 mins £40

Sometimes we may just need to rest for an hour, be still and tune into our inner selves. Using Vibrational Chakra Healing therapy, we can find that space together in peaceful silence.

## SYMPHONY OF THE CELLS 45 mins £40

course of 3 (recommended within 21 days) £100

A layering of oils on the spine addressing most health concerns of dis-ease. Relaxing, nourishing and energising, this treatment covers a range of complaints: Respiratory, Lymphatic, Osteo, Inflammatory or Neurological.

## BODY SCULPTOR

75 mins £60

course of 3 (recommended once a week) £150

Shape your figure and smooth the skin in a natural and effective way with this localised toning and tightening body mask and massage to your chosen area.

*Homecare required for best results*

## HEALTHY BREASTS

60 mins £50

A unique treatment aimed at firming, balancing or reducing the size of the breasts. A gentle massage and regenerating seaweed mask, together with a powerful blend of essential oils, will help to moisturise and oxygenate this delicate area.

## HEALTHY FEET AND LEGS

75 mins £65

A lovely treatment to decongest, soothe and refresh tired and aching legs and feet to alleviate heaviness and reactivate poor circulation.

## ORIENTAL HEAD MASSAGE 45 mins £30

A relaxing holistic treatment using acupressure massage to rebalance your body's energies.

## HOPi EAR CANDLES

45 mins £35

Also known as thermal auricular therapy, a hollow candle is used to aid the removal of impurities from the ear and gives a gentle massage effect to regulate ear pressure.

"I want you to allow yourself to take time to recharge and unwind. These are acts of recognising your self-worth and are more than just a treat; it's part of a wellbeing lifestyle and the benefits that come with that are invaluable."

**WEIWEI WU**

Founder of BEMORA

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